

Sourdough starter diary

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| | | | | | |
|--|-------------|---|---------------------|-------------|---------------------|
| Starter name | | | | | |
| Flour <input type="radio"/> Quinoa <input type="radio"/> Brown Rice <input type="radio"/> Millet <input type="radio"/> Sorghum <input type="radio"/> Teff <input type="radio"/> Buckwheat | | | | | |
| Day 1 | Date | / | / | Time | : Temp °C/°F |
| Ingredients added | grams water | | | grams flour | |
| Observations | | | Observations | | |
| Colour | | | Colour | | |
| Texture | | | Texture | | |
| Aroma | | | Aroma | | |
| Taste | | | Taste | | |
| Notes | | | Notes | | |
| | | | | | |
| Day 2 | Date | / | / | Time | : Temp °C/°F |
| Ingredients added | grams water | | | grams flour | |
| Observations | | | Observations | | |
| Colour | | | Colour | | |
| Texture | | | Texture | | |
| Aroma | | | Aroma | | |
| Taste | | | Taste | | |
| Notes | | | Notes | | |
| | | | | | |
| Day 3 | Date | / | / | Time | : Temp °C/°F |
| Ingredients added | grams water | | | grams flour | |
| Observations | | | Observations | | |
| Colour | | | Colour | | |
| Texture | | | Texture | | |
| Aroma | | | Aroma | | |
| Taste | | | Taste | | |
| Notes | | | Notes | | |
| | | | | | |
| Day 4 | Date | / | / | Time | : Temp °C/°F |
| Ingredients added | grams water | | | grams flour | |
| Observations | | | Observations | | |
| Colour | | | Colour | | |
| Texture | | | Texture | | |
| Aroma | | | Aroma | | |
| Taste | | | Taste | | |
| Notes | | | Notes | | |
| | | | | | |
| Day 5 | Date | / | / | Time | : Temp °C/°F |
| Ingredients added | grams water | | | grams flour | |
| Observations | | | Observations | | |
| Colour | | | Colour | | |
| Texture | | | Texture | | |
| Aroma | | | Aroma | | |
| Taste | | | Taste | | |
| Notes | | | Notes | | |
| | | | | | |
| Day 6 | Date | / | / | Time | : Temp °C/°F |
| Ingredients added | grams water | | | grams flour | |
| Observations | | | Observations | | |
| Colour | | | Colour | | |
| Texture | | | Texture | | |
| Aroma | | | Aroma | | |
| Taste | | | Taste | | |
| Notes | | | Notes | | |
| | | | | | |
| Day 7 | Date | / | / | Time | : Temp °C/°F |
| Ingredients added | grams water | | | grams flour | |
| Observations | | | Observations | | |
| Colour | | | Colour | | |
| Texture | | | Texture | | |
| Aroma | | | Aroma | | |
| Taste | | | Taste | | |
| Notes | | | Notes | | |
| | | | | | |
| Day 8 | Date | / | / | Time | : Temp °C/°F |
| Ingredients added | grams water | | | grams flour | |
| Observations | | | Observations | | |
| Colour | | | Colour | | |
| Texture | | | Texture | | |
| Aroma | | | Aroma | | |
| Taste | | | Taste | | |
| Notes | | | Notes | | |
| | | | | | |